# Promoting Martial Arts and the Chinese Cultural Heritage Fung Sun Kwan Chinese Arts Foundation: "Five Chinese Classics" and Martial Arts on Campus

Ms. Wong Yin Ching, Vice School Principal

"Five Chinese Classics" and Martial Arts on Campus' is a 3-year project that aims to promote the culture of Chinese martial arts and physical health of students. It is also a scheme that focuses on nurturing the moral qualities of students in the context of national education, and to enhance the confidence in our culture.

The scheme is in two parts. The first part is "martial arts exercise": 1-2 sets of exercises are devised as universal programmes for the entire school, adopted at both the Physical Education classes and morning assemblies. The second part is "martial arts interest group", where 5-6 martial arts programmes are introduced. This part also concerns the students' understanding of the culture of Chinese martial arts as well as traditional moral virtues, fostering values, life goals, and a sense of belonging to our nation in our students.



A simple salute carries much of the value of martial arts and virtues



Our high-spirited teachers learning "martial arts exercise"



Students performing well at learning the "Five Figurative Forms" in martial arts

#### Love Thy Country, Appreciate Your Cultural Heritage Chinese Culture Day

Ms. Wong Yin Ching, Vice School Principal

"Chinese Culture Day" was organised before the lunar new year holidays, aiming to enhance our students' understanding of the Chinese traditional culture and history, and to pass along the values in the Chinese civilisation. The event strived to instil a sense of belonging to the society and the Chinese community among the students and staff, and with that, an elevated sense of national identity.

Activities on the day included traditional Chinese games and the making of Chinese snacks. There were also two interactive face changing shows, as well as guided tours and cultural experience surrounding Chinese history. The diverse activities have given the students a better taste of Chinese history and culture.

Who wants to try Candy and Coconut Wrap?



Learning the origins of football

Engaged students experiencing the props used in traditional facechanging shows



### 道慈佛社楊日霖紀念學校

Buddhist To Chi Fat She Yeung Yat Lam Memorial School

2022-2023 School Newsletter 2<sup>nd</sup> Issue

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Message from the Principal



#### **Engagement and Bravery**

Dear Students, Parents, and Colleagues,

Hello everybody! Entering June, I am overjoyed to observe a great surge of energy throughout the campus, with the introduction of "Engagement and Bravery" as this year's theme for positive education

In the last semester, the enthusiastic engagement of teaching staff, social workers, therapists, students and parents has prompted collective learning and growth, incubating a sense of positivity on campus. For instance, students participated and learnt with passion during the class teacher sessions and various classes, constantly digesting knowledge, asking questions, and speaking up for themselves. In extracurricular activities, students were always up for the challenges and participated in various kinds of activities courageously.

I also appreciate our teaching staff's commitment and passion for their profession, where they would learn and explore ceaselessly, in the hope of developing the best learning strategies for our students. Under the support of social workers and therapists, students have been growing and advancing. With appropriate mental support, our students also learnt to better manage their emotions.

I sincerely believe that this positive energy will lead us through till the end of the semester and beyond. Going into the future, I hope that everyone can stay courageous in the face of difficulties and challenges. During the learning process, we might encounter frustrations, but challenges would always prompt growth and improvements in the long run. We need to believe in ourselves and our potential, and be brave to chase our dreams.

Simultaneously, I would encourage everyone to stay committed to everything in life. In studies and in life, only commitment would maximise returns, and bring forth a sense of fulfilment. Let's work towards having everyone grow and gain their rewards on this campus.

Lastly, my gratitude extends to all parents, colleagues, and students, for their support and contributions. Let us keep up with this sense of collaboration, and make the school a positive place.

Thank you all!

#### Mr. Cheng Yui Wai, Kenneth School Principal

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#### 2022-2023 Student Achievements - Awards

Category	Name of Competition/ Organisation	Description
	Future Stars – Upward Mobility Scholarship	S5A Calvin Lai S6 Li Ka Ying S6 Cheung Kei Ting
Outstanding Students	Grantham Scholarships Fund	P5 Xie Vincent S1 Chan Chak Yin S1 Hui Wing Sze S1 Szeto Lok Hei S2 Tse Hoi Nam S2 Yik Ho Yin S4A Choy Ho Him S4B Chan Aynun Adam
	Applied Learning Scholarship (2021/22)	S6 Pak Wai Yiu
Sports	46th Special Olympics Hong Kong Football Game	Special Olympics Male Mix Soccer Team Second Runner-up S3B Wong Tsz Hei S4A Tang Yau Yuen S4A Cheng Man Leong S4B Mobeen Akhtar S5A Yau Wai Chun S5B Wong Yiu Hang
	Special Olympics Hong Kong Football Team Recruitment	Representing Hong Kong at Special Olympics Soccer Game S3B Ng Yui Lam S4B Phiong Ka Kit S5A Yau Wai Chun
	47th Special Olympics Hong Kong Athletics	36 students participating- Gold: 17, Silver: 8, Bronze: 3
	58th Hong Kong School Dance Festival	Contemporary Dance (Duet) Honours Award S5A Huang Chun Chun S6 Leung Chun Fai
Dance	59th Hong Kong School Dance Festival	Special School Group Contemporary Dance (Group Dance) Performance: Fantasia of the Horrific Nine Nights Honours Award and Choreography Award (16 students in total) Special School Group Contemporary Dance (Duet) Performance: Here Comes the Sandman Honours Award and Choreography Award SSA Huang Chun Chun SSA Leung Chun Fai
Drama	Hong Kong School Drama Festival	Junior Secondary Group Awards: Outstanding Actor Award S3A Lo Tsz Yin Outstanding Collaboration Award (9 students in total) Senior Secondary Group Awards Outstanding Actor Award S5B Lee Sze Ching Outstanding Audio-Visual Effects Award S6 Tse Lok Yee Teresa Outstanding Collaboration Award (10 students in total)
Speech	Hong Kong School Open Competition cum 17th _ BNCL Certificate _ Academic Talents Competition	Solo Verse Speaking in Mandarin Senior High Group P5 Kwan Wai Kwan (First runner-up) P5 Xie Vincent (First runner-up) Piano Solo - Junior High Group S1 Chan Chak Yin (Second runner-up) Piano Solo - Senior High Group S58 Wong Wai Hei (First runner-up)
Integrated Intelligence	13th "My Kitchen" Cooking Competition	Finals - Award of Excellence S4B Chan Ping San
	25th Anniversary of the Establishment of HKSAR Photography Competition	Award of Excellence (Secondary School Group) SSA Yau Wai Chun
	2nd "Secondary School Students Creative Cup" Short Film Competition	Award of Excellence (Junior High Group) S3A LoTsz Yin S4B Chan Aynun Adam Highest Hit Rate Online - Second Runner-up S4B Sin Wing Chi S4B Ip Tsz Ching
	New Territories Northwest District Brush Calligraphy Competition 2022	Secondary School Senior Group Special Award (Certificate) S6 So Yu Yeung
STEM	Hong Kong University of Science and Technology iSTEAM Smart Car Racing	"Three-legged Race" Champion S3B Tso Tsz Hin
	2022 Underwater Robot Competition	Bronze Award P4A Lau Tsz Chun S1 Szeto Lok Hei S2 Wong Hong Wing S3A Chau Chun Long S3A Lo Tsz Yin
	2022 Hong Kong Tech Challenge Junior (Secondary School Group) and Special Engineering Diary Judge Panel	Project Judge Panel: Finalist S3A Lo Tsz Yin S3B Tso Tsz Hin
Uniformed Groups	2022 Exce <b>ll</b> ent Scout Award Scheme	Excellent Scout Unit Yuen Long West #37 Scout Unit

## Resuming Full-Day Class

Mr. Ma Tak Wah, Ms. Zhu Yu Ting

Laughing, Singing, Chatting, Reading... they all begin again in every corner on the school campus...

The school has resumed full-day class since 1 February 2023, with the pandemic finally subsided. After three long years, the school and the parents are all excited to finally have the students enjoy an all-rounded learning experience.

One would have taken schooling for granted, until the pandemic made learning and interactions a mission impossible. Our Secondary 3 students are now soon graduating in Secondary 6, preparing to step in the next chapter of their lives. Our innocent young kids in Key Stage 1 are now entering their senior years.

Time flies; the missed school days will still be gone, but I would hope for our students to remain positive and grateful. The experience and returns during our growth shall trump the bygones; we all have to learn to embrace the sudden lightness of life.

Treasure the journey of learning, and stay mindful of the colourful present.



Birthday parties are long overdue



Vitality during recesses



School picnic at long last



Vivid classroom in the afternoon



Students can enjoy their lunch again at school



Students look forward to coming back to school every day



Keeping fit post-pandemic



Our P.1 students celebrating their first 100-day at school and looking forward to full-day classes



Mindfulness exercise



Laughter in the class

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### **Professional Development** For Our Teaching Staff

Ms Li Wai Yin

The Professional Development Team for Teaching Staff organises systematic training for enriching professional knowledge and skills, taking into account the school's developmental goals for its key area of concern and current social

In the context of developing the school's key area of concern, we were honoured to have invited Professor Yan Zi, the deputy director of the research centre at the Education University of Hong Kong, to share with us about the Assessment Literacy and strategies of assessment. Furthermore, our staff has received positive education training jointly organised by the Positive Education Laboratory of City University of Hong Kong, the Family Life Education Unit at the Yuen Long Town Hall, as well as the Jockey Club Project Well-being. With the training, our teaching staff is now more equipped to handle the academic and mental needs of our students.

Staff Development Day (1) focused on the preparation for External School Review happening at the end of October. Alongside review and feedback for the four major assessment areas, the staff also acquired a more thorough understanding over the associated key performance indicators.

"Team Building" was the theme for Staff Development Day (2), which aimed to advocate for the physical and mental wellbeing of our staff. The team visited the Jockey Club Sai Kung Outdoor Training Camp for a series of group activities and adventures that facilitated the communication and understanding among our teaching staff, which subsequently enhanced the team morale.

Staff Development Day (3) organised a visit to To Che Fat She, the school sponsoring body. On the same day the team conducted study sessions on National Education and National Security Education, in the hope to bring forth more



November Positive Education Workshop: Conversation with Emotions



March Positive Education Training: Mental Health and Self-Care



Staff Development Day (2) Adventure Training Activities



January Assessment Theory and Assessment Literacy Workshop



Staff Development Day (1) Preparation for External School Review



Staff Development Day (3) A visit to To Che Fat She

## The New Image of the School Website

Ms. Lee Pui Sin

In view of the school's innovative aspirations, our newly revamped website is designed to incorporate motion graphics, videos, and interactive elements. It is also responsive to desktops, tablets, and mobile devices.

The website now showcases the latest development of the school, and reports the learning and teaching progress under the "Learning, Teaching, and Assessing" Scheme. It also documents students' participation in various activities, as well as their achievements alongside the school's. The new website strives to serve as an effective communication bridge between the school and the public.







Buddhle Interactive multimedia at Lam Memorial School







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### Cross-curricular Programme

## The School's Latest Mural Painting is the Fruitful Result of the Collective Endeavour among Students, Parents, and Teaching Staff

Mr. Man Siu Fai

This April, our students, parents and teaching staff joined hands to produce a new mural painting for the school, a testimony of the productive and collaborative spirit of our school. With butterfly and life education as the theme, the colourful mural painting is now situated in the most populated area on the campus (the main staircase).

This programme was a cross-curricular collaboration among the subjects of Visual Arts, General Studies, Computer Science, Moral & Civil Education, as well as the Students Growth and Support Team. Each unit contributes with indispensable expertise.

The whole project lasted two months and was roughly divided into 3 parts. The first part was co-organised by General Studies, Moral & Civil Education, and the Students Growth and Support Team. Through a vast array of activities and morning assemblies, our students learnt about the growth process of butterflies. Through which they understood the moral and meaning of bravery, courage, and treasuring our lives.

The second part was a butterfly painting competition organised jointly by Visual Arts and Computer Science. Our students were free to choose between traditional medium or digital software for making their arts. To encourage parentschool collaboration and participation across the entire school, the competition introduced award categories for parentstudent group and teaching staff group, on top of student group. The response was overwhelming; we had received more than 500 works. To ensure credibility to the competition, the judging was done by online voting by all teaching staff. 12 works were selected as a result.

The third and the last part of this programme was of course getting the mural done with the 12 selected butterfly designs. With the programme goal in mind and to further incubate a sense of belonging, all students, parents, and teaching staff were invited to draw and paint, and enjoy the process of creating collectively!



1.P1B Tse Chun On **Key Stage 1** 2.P2 Kwan Wai Tung

3.P6A Chen Wen Jun Key Stage 2 4.P6B Chow Chun Hang

5.S3B Tso Tsz Hin **Key Stage 3** 

6.S3B Yip Yu Ming

7.S4A Wong Chi Yu Key Stage 4 8.S5A Huang Chun Chun

9. P2 Yu Cheuk Sum Curtis and Parents Parent-student group 10.S2 Ngai Ka Him and Parents

11.Ms. Li Wai Yin Teaching staff group 12.Ms. Cheng Fung Yee, social worker

Through a vast array of activities and morning assemblies, our students learnt about the growth process of butterflies. Through which they understood the moral and meaning of bravery, courage, and treasuring our lives.



Students were free to choose between traditional mediums or digital software to make their butterfly



mural painting





Key Stage 1 students making mural painting



Key Stage 2 students making mural painting





Key Stage 3 students making mural painting





Parent-student group making mural painting



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#### General Studies Special Project Learning: Documenting the Growth of a Plant

Mr. Ng Kong Diak, Ms. Wu Mei King





The special project learning can be seen as an extension to last year's hydroponic farming. Our students learnt hydroponic farms as a scientific method to track and monitor a plant's growth, which includes controlling temperature, humidity, and the proportion of plant nutrients using various facilities in the greenhouse. The Key Stage 2 students would also conduct controlled experiments at Yat Lam Hydroponic World and in classrooms, making observations on the correlation between nutrients, air, sun, and the harvest.

The students and teachers would split into groups for different research topics; they would then complete the installation for their experiments at Yat Lam Hydroponic World.



Students organising data for analysis



The students and teachers splitting into groups for different research topics

Upon the completion of the installation, the teacher would bring the students to the Hydroponic World to observe and document any changes in subsequent three weeks. The students would get an understanding of how nutrients, air, and sun make an impact on the growth of plants.

After the completion of the experiment, the teachers led students to do data analysis, create reports, and rehearse for the presentation. With enthusiasm, students across different classes presented the results of their research.





## Technology Education: Yat Lam eSports Team

#### Ms. Siu Wing Sum, Mr. Wong Chiu Sang, Ms. Lam Wai Ying

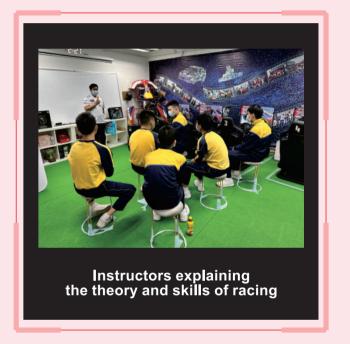
This year we have recruited 10 students to form our first ever eSports team. Mistake not for it to be mere gaming; eSports is indeed an international competition, which trains focus, resilience, and team spirit.

The school introduced "e-racing" to train cooperation among the team. Each team member would be given different roles, including time-keeping, strategising, freelancing, etc. The team would deploy various strategies as they handled different situations during the game. E-racing is not an exercise for an individual, but

a team work. Apart from improving their racing skills through track training, it is of utmost importance for the students to learn to communicate with the team, understand the flow of the competition, as well as assess the risks in situ.

Our eSports team has been learning and practising attentively. Training aside, they have also been learning team-playing skills under the instructions of the course social worker. The team will be competing in a public tournament in August; we wish them good results!















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#### After-school Activities: Unleash My Potentials

#### Specialised activity





With a more relaxed set of covid policies comes the return of after-school activities. A vast array of activities are offered to students according to their diverse potentials and needs. Currently, we have two types of after-school activities; specialised and non-specialised ones

Specialised after-school activities are training and therapies for a specific group of students. The training would allow students to take part in games and performance, whereas the students undergoing therapy would find it easier to adapt to school life.

Non-specialised activity

Non-specialised after-school activities aim to nurture students' interests. They are encouraged to try activities of different kinds; the process would in turn unveil and develop their potential.

The school encourages after-school activities; each student would attend activities of their own choice for at least two days. The options offered would be adjusted according to age and grades, assuring a balanced and healthy growth for our students.



dventures nurture team spirit; I can do this!



The group playing djembe together! Beautiful drumming from the percussion instrument!

The students create with hearts at Painting Playground!



## Our Award-Winning Team: Dance and Soar The 59th Schools Dance Festival

Once again, our students excelled in the category of Contemporary Dance (Special Schools Section) at the 59th Schools Dance Festival. This time, our two competing teams in Contemporary Dance (Duet and Group Dance) won the Honours Award and Choreography Award, showing notable potential and talents in dancing.

The duet "Here Comes the Sandman" is an affective and rhythmic dance piece. Well-coordinated and vivid, the performance was highly regarded among the judges. "Fantasia of the Horrific Nine Nights" was an ensemble that displayed tacit movements. It was both artistic and visually intriguing.



Tacit movements among the highly-skilled ensemble

Ms. Wong Yin Ching Vice School Principal



A guy enjoying his flight while the weather turned volatile and risks fast approaching



Our two award-winning students with their wellcoordinated movements and vivid expressions

#### **Child Development Fund**

Ms. Chan Sze Mun

Under the support of "Lucky Laboratory", Our school has officially convened a 3-year project by the Child Development Fund since February 2023, jointly with Tung Wan Mok Law Shui Wah School and Rhenish Church Grace School.

The aim of the project is to encourage our students and parents to establish a saving habit, so as to plan for a positive life. The project included "Target Savings", "Mentorship", as well as "Personal Development Plan".

28 students from our school have joined the project. We have successfully matched and introduced mentors with participating students and parents.

The school hopes that the 3-year project could run smoothly and successfully, to benefit our students and their respective families.



First talk organised in March for parents. The expressive speaker attracted an attentive crowd

Opening ceremony in February to mark the beginning of the project with Child Development Fund Reunion of the mentors and students under the Child Development Fund. It was an enjoyable day with games and sharing sessions